

Long-Lasting VAGINAL MOISTURIZER Personal Lubricant Manufactured by: Church & Dwight Co., Inc., Ewing, NJ 08628 Made in Canada

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INDICATIONS FOR USE

Replens™ Long-Lasting Vaginal Moisturizer is a personal lubricant for vaginal application, intended to moisturize and lubricate, to enhance the ease and comfort of intimate sexual activity and to supplement the body's natural lubrication. This product is compatible with natural rubber latex and polyisoprene condoms. This product is not compatible with polyurethane condoms.

DIRECTIONS FOR REPLENS™ REUSABLE APPLICATOR

To help replenish internal vaginal moisture or supplement natural lubrication use one application every three days as needed. Wash your hands before and after use.

- 1. For first use, break protective aluminum seal on tube opening by puncturing it with opposite end of cap. (Figure 1)
- 2. Unwrap applicator and snap the open end onto the tube. Gently squeeze Replens™ Long-Lasting Vaginal Moisturizer into the applicator. The applicator contains the recommended amount when the plunger stops (approx. 11/2 inches) (Figure 2). *Do Not roll up the tube as this may cause the tube to crack.
- 3. Remove the applicator from the tube. Replace cap.
- 4. While sitting, standing or lying on your back with knees bent, gently insert open end of applicator into the vaging as deeply as it will go comfortably. Holding the applicator in place with one hand, press the plunger until it stops with the other hand to dispense Replens™ Long-Lasting Vaginal Moisturizer. (Figure 3) Withdraw the applicator.
- 5. Immediately after use, pull the plunger all the way out of the barrel (Figure 4) and wash both parts of the applicator in warm, soapy water. Rinse thoroughly and dry. The applicator should be completely dry before reassembly. To reassemble, gently push the plunger back into the barrel as far as it will go.
- **6.** Applicator should be disposed of once the Replens™ Long-Lasting Vaginal Moisturizer has been completely used up.

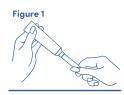


Figure 2

Figure 3

Figure 4

PLEASE READ THE FOLLOWING CAREFULLY BEFORE USE.

Warnings

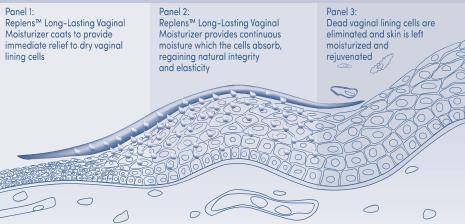
- Replens^m Long-Lasting Vaginal Moisturizer is not a contraceptive and does not contain a spermicide.
- KEEP OUT OF REACH OF CHILDREN.
- Keep out of eyes and ears.
- If vaginal irritation occurs, discontinue use or contact your physician.
- If pregnant or breastfeeding, contact your health care provider before use.
- Store at room temperature 59-86°F (15-30°C).

TAMPER EVIDENT FEATURE: For your protection, the opening of the tube is sealed and must be punctured before initial use. DO NOT USE this product if the aluminum seal of the tube is damaged or opened. Return entire contents with receipt to place of purchase.

INGREDIENTS: PURIFIED WATER, GLYCERIN, MINERAL OIL, POLYCARBOPHIL, CARBOMER HOMOPOLYMER TYPE B, HYDROGENATED PALM OIL GLYCERIDE, BENZYL ALCOHOL, SORBIC ACID, ETHYLHEXYLGLYCERIN, SODIUM HYDROXIDE, TOCOPHEROL.

HOW DOES REPLENS™ LONG-LASTING VAGINAL MOISTURIZER WORK?

Replens™ Long-Lasting Vaginal Moisturizer is estrogen-free and provides long-lasting moisture. When you apply Replens™ Long-Lasting Moisturizer, it immediately goes to work to provide long lasting moisture for the vaginal cells to absorb. As the cells of the vaginal wall are regenerated, dead vaginal lining cells are cleared and the product is eliminated naturally. As with dry skin that you experience on your face and hands, regular moisturizing may be necessary to prevent dryness from recurring.



Also try Replens™ Silky Smooth Personal Lubricant, a premium silicone lubricant that enhances the ease and comfort of intimate sexual activity. This formula leaves skin with a soft and silky feeling. Replens™ Silky Smooth Personal Lubricant can be used with Replens™ Long-Lasting Vaginal Moisturizer for added moisturization during intimate moments.

COMMONLY ASKED QUESTIONS...

How often should Replens™ Long-Lasting Vaginal Moisturizer be used?

Use once every three days as needed.

When should Replens™ Long-Lasting Vaginal Moisturizer be used?

Replens™ Long-Lasting Vaginal Moisturizer can be used any time of day or night. We recommend using the product at least 2 hours prior to intercourse to allow proper moisturization. It works best when used on a regular schedule. Because Replens™ Long-Lasting Vaginal Moisturizer provides long lasting moisture, there is no need to apply it just prior to intercourse.

Will Replens™ Long-Lasting Vaginal Moisturizer make intimacy more enjoyable?

One of the most common ways that women discover vaginal dryness is during intimacy. When used as directed, Replens™ Long-Lasting Vaginal Moisturizer helps replenish your natural vaginal moisture, making intimacy more enjoyable. The long-lasting formula provides moisture that penetrates vaginal lining cells so sexual intercourse can be more spontaneous. Since the product does not need to be applied immediately before intercourse, it does not interrupt the moment by being runny, messy or slippery. Instead, it provides long-lasting lubrication whenever the moment is right.

What causes vaginal dryness?

Nearly every woman will experience vaginal dryness sometime in her life. It is most often associated with the normal decline or fluctuation of the female hormone estrogen. This fluctuation can be triggered by childbirth, breastfeeding or menopause. Dryness can also be caused by taking certain medications, exercising intensively or being under stress. It is also common to experience vaginal dryness when douching, using tampons, or at the end of the menstrual cycle.

Can Replens™ Long-Lasting Vaginal Moisturizer be used as birth control?

No. Replens™ Long-Lasting Vaginal Moisturizer does not contain spermicides. It is not a contraceptive.

Should I use Replens™ Long-Lasting Vaginal Moisturizer during my period?

No. It is best to resume use after your flow completely stops.

Are there any side effects after using Replens™ Long-Lasting Vaginal Moisturizer?

Some women notice a residue or discharge after initial use of Replens™ Long-Lasting Vaginal Moisturizer. This is caused by the elimination of dead vaginal lining cells. Your body naturally sheds dry vaginal tissue that has built up over time. When used as directed, Replens™ Long-Lasting Vaginal Moisturizer will help prevent the buildup of vaginal lining cells and the discharge should dissipate. If the discharge does not dissipate, you may wish to wait an extra day or two between applications. While use is recommended every three days, every woman is unique and you may wish to decrease the amount of time between product applications to maximize moisture and minimize discharge.

Is Replens™ Long-Lasting Vaginal Moisturizer compatible with condoms?

This product is compatible with natural rubber latex and polyisoprene condoms. This product is not compatible with polyurethane condoms.

For additional information, visit our website at: replens.com or call toll-free 1-800-833-9532 (M-F 9AM - 5PM EST)

For instructions in Spanish, please visit replens.com.

Para instrucciones en Español visite nuestro sitio de Internet en: replens.com